

GET YOUR CHILD READY FOR KINDERGARTEN

when you are at home because of COVID-19

READ

Read books, talk about what you are reading. Talk about words in the book that your child might not know, about what's happening in the pictures, and connect the book to your child's lived experiences.

Read books that include children from all walks of life, have experiences just like your child's and experiences that aren't.



PLAY WITH NUMBERS



Grab some paper and a pencil. Tear the paper into pieces and write numbers on them. Hide them and go on a number hunt.

Count your stairs as you go up to bed, count rocks in your yard, count as you jump in place to stay fit at home, or count socks as you do the laundry.

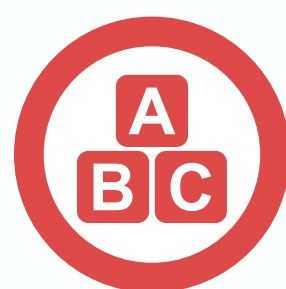
WORK ON LIFE SKILLS

Can your child open their lunch containers?
Can they zip their jacket?
Button their pants?
Line up and follow multi-step directions?

These skills are some of the most important for kindergarten because teachers spend a lot of time attending to these instead of supporting learning.



LETTER & NAME RECOGNITION



Do not freak out if your child doesn't know all their letters, stressing won't help. Play with letters and help your child recognize their name by pointing it out and labeling everyday objects. Play hide and seek with letters as you read together. Give your child a letter and have them find it in the text.

Go on letter hunts around your house.

PLAY & TALK

Play, build forts, explore your yard and have conversations. Oral language is so important and play is a great way to work on that.

Play with beads, Lego, play dough, and yes scissors (just don't run with them) these all help develop fine motor skills for writing and life skills like zipping that jacket!

